

The AASE Scheme at Compete Tennis

What is AASE?

AASE is delivered through a network of LTA accredited High Performance Centre (HPC's). The programme is aimed at players aged between 16 to 18 years old and provides a clear professional pathway for young players to become professional players, coaches and other tennis professionals, whilst gaining qualifications.

The AASE programme offers an extensive programme for players by offering access to high quality training, key speakers, educational resources, day tournament visits and the possibility of high quality progression routes to full time tennis, full time coaching or a University scholarship either at home or abroad.

How does it work?

The scheme comprises the following elements:

1. Level 3 Certificate in Understanding Sports Performance made up of nine units covering technical; tactical; mental skills; physical conditioning; nutrition; career, planning; communication skills; lifestyle management; and health and safety.
2. Level 3 Certificate in Achieving Excellence in tennis, made up of nine units covering technical; tactical; mental skills; physical conditioning; nutrition; career, planning; communication skills; lifestyle management; and health and safety.
3. Functional Skills in Application of Number and Communication (Please note that if you have achieved GCSE grade C or above in English and Maths, you will be exempt from this component).

It should be noted that AASE is for players who are committed to tennis training and competition. AASE is not for players who do not have tennis at the centre of their plans.



Marshall Tutu - Former Compete Tennis AASE student

Playing ability and criteria

- 6.1 rating or above
- Aged 16-17
- Training a minimum of 16 hours per week (including physical conditioning and matches) with a further additional commitment to tennis related activity such as planning, file work, traveling, hitting with HPC juniors, etc
- Players on AASE are expected to compete at National/International level on a regular basis this means demonstrating a full tournament programme including a minimum of 10 identified national events (a year) including AEGON British Tour; ITF Junior Events, ITF Pro-series, AEGON County Cup, National Grade 1 and 2 events (additional AEGON Team Tennis events)
- **If taking** A levels players must be taking a **MAXIMUM OF 3** A levels

Education

Completed GCSE's in Maths and English

In discussion with your HPC, there is also the option of undertaking an additional 16 hours learning per week outside the AASE programme and this is completed outside of the AASE Apprenticeship and around the training and competition programme.

History of AASE Scheme at Compete Tennis

We at compete have been running the AASE scheme successfully for the past 4 years. Nigel Parsons is the lead Coach on the AASE scheme running the off court file. On court sessions are run buy all the Compete Team.

We had a range of players and levels come onto the AASE programme, who have either gone on to full time tennis, University Tennis, American University tennis or coaching.

Examples of some of the players we have had on the scheme-

Marshall Tutu - ATP Ranked player full time tennis

Tiffany Williams - American University
Joe Hall Leeds - University Tennis
David Wright - Full time coach (at compete tennis)

All players on the scheme are offered 13 hrs of contact time from squad coaching, Fitness and File work.
To some up the AASE scheme it is a fantastic government funded programme to allow serious tennis players the chance to carry on training in a HPC environment. The programme is a fully funded scheme **you do not pay** towards the AASE scheme.

If you need more information regarding this scheme please visit the LTA website or contact Nigel Parsons
nigel.parsons@hotmail.co.uk or phone 07852 313 403